

About Angela

I am a master hypnotist, life coach, reiki master, and intuitive. I have my Bachelors in Sociology.

I have been assisting people for almost 10 years now with clearing energy, guided imagery, life coaching, and more.

It is my experience that when people lose their way a guide can help them find their way back to their authentic selves.

With the help of a guide, people can free themselves of limitations placed on them by society or family and the limitations they place on themselves.

When we are free of limitations we can move mountains.

I believe the solution and healing lies with each and every one of us. My main focus is to assist you with finding your own inner wisdom, truth, & empowerment.



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By Appointment Only

Hypnosis



*Take a journey inside
yourself into a world of
exploration and healing
and create the changes
you desire today.*

Angela Pasqualetti
Phone: 719-266-0041

How I can help you help yourself?

What is Hypnosis? Hypnosis is an altered state of consciousness that allows you to focus inwardly.

Hypnosis helps to integrate communications between the conscious and subconscious mind. Through this integration, we are able to focus the extraordinary power of our cognitive and emotional resources on achieving the changes we desire.

Hypnosis is virtually limitless on how it can help a person transform their life. The major requirement is the willingness to explore and journey within, and heal/change those behaviors that no longer serve you.

Hypnosis can help on every level physical, mental, emotional, and spiritual. Hypnosis can help you with loved ones who have passed away, as well as help you get in touch with your inner and outer resources (whether guides, angels, higher-self, inner voice, etc.).

We spend a lot of our time in a hypnotic state unconsciously. In this hypnotic state people are very suggestible which allows for change to occur. Hypnosis is natural and comfortable for most people.

I am very versatile in that I can use different hypnotic techniques as well as imagery, energy work, and intuition to help you find what it is you want to change or heal within.



Hypnosis Services

Grief

Life Changes

Bereavement Assistance

Inner Child

Guided Imagery

Balancing

Stress Reduction

Relaxation

Smoking Cessation

Weight Management

Past Life Regression

and more ...

The only person that can create change is YOU!

Other Services

Life Coaching

Reiki

Readings

Workshops

Group Coaching

Focus Groups

Appointments

Session length will vary depending on the type of service you are interested in. For example, Life Coaching is generally 45 minutes to one hour, and a hypnosis session generally lasts one hour to 90 minutes.

For more information on how any of my services can help you, please contact me at 719-266-0041 or e-mail Angela@TrueHeartHypnosis.com.

Please leave a brief message, name, and the best time and number to reach you.



Special Military Discounts Available